



4th Tues!



ELDER BROWN BAG PROGRAM

Montachusett Opportunity Council Elder Services and the Fitchburg Community Action Center in conjunction with the Worcester County Food Bank are establishing an Elder Brown Bag Program. Eligible elders will receive a free bag of groceries once a month beginning November 26, 2002. Brown Bags will be distributed at the Fitchburg Senior Center, 14 Wallace Avenue, 12:00 noon - 2:00 p.m.

Recipients must be 60 years of age or older and must be low income, as measured by participation in (or eligibility for) at least one other program for which proof of income has been demonstrated. This includes Food Stamps, SSI, Medicaid, Fuel Assistance, or similar programs which establish that recipients are at or below 175% of federal poverty levels (~~\$16,391~~/year for a single person or ~~\$22,089~~/year for a couple). *\$17,720* *\$23,880*

A typical Brown Bag will contain items from the four food groups and may include peanut butter, beef stew, tuna fish, spaghetti, pasta sauce, raisins, apple juice, instant oatmeal, or fresh produce. There is no cost involved.

Each participant must complete the attached intake form.

Once registered, we will mail program information and your Brown Bag Program card. If you will be designating someone else to pick up the groceries for you, please indicate that on the intake form. This program is available to the first 100 participants who register. To register, please return the intake form to MOC Elder Services, ~~93 Fairmount Street~~, *66 DAY ST*, Fitchburg, MA 01420, or stop in their office. If you have any questions, please call MOC Elder Services at 978-345-8501 and ask for information on the Brown Bag Program.