



**Elm Street School**  
**Counseling Department**  
**Curriculum Annual Calendar**

Month	Activity	Target Grade(s)
SEPT		
	Open House Presentation	2,3,4
	Parent Survey	2,3,4
	Zones of Regulation/Covid Emotion Lesson	2
OCT	Energy Bus for Kids – Positive Thinking	3
	Introduction/Expectation Lesson	3,4
NOV	Review Parent Survey Results	2,3,4
	Energy Bus Curriculum - Bullying	2
	Lesson – Diversity (Julia Cook Book)	3
	Covid Lesson – What we can and can't control	3, 4
	Lesson – Bullying	4
DEC		
	Parent/Teacher Conferences	2,3,4
	CAC – Holiday Help Sign Up	2,3,4
	College Sweatshirt/School Pride Day	2,3,4
	Energy Bus curriculum – Positive Vision	2
	Lessons – Bullying (Julia Cook Book)	3
JAN	Life Skills Lesson – Self-Esteem and Decision Making	4
	BESS Screener	2,3,4
	Holiday Help	2,3,4
	Energy Bus curriculum – Positive Energy	2
	Lesson – Conflict Resolution	3
	Attendance Group	3
	Life Skills Lesson – Smoking Information	4
	Divorce / Separation Group	4

	BESS Results review	2,3,4
	Lesson - Mindfulness	2
	Lesson – Problem Solving / Stress Management	3
	Beginning of MCAS Planning	3,4
	Lesson – Advertising / Dealing with Stress	4
FEB		
	BESS Interventions – Classrooms and Small Groups	2,3,4
	Energy Bus curriculum –Growth Mindset	2
	Lesson – Character Development / Friendship	3
	MCAS Planning	3,4
	Life Skills Lesson – Communication Skills	4
MAR		
	BESS Interventions – Classrooms and Small Groups	2,3,4
	Energy Bus curriculum – Be Kind	2
	Lesson – Avoiding Distractions/Career	3
	MCAS Planning	3,4
	Life Skills Lesson – Social Skills /Assertiveness	4
APR		
	BESS Interventions – Classrooms and Small Groups	2,3,4
	BESS Screener	2,3,4
	Energy Bus curriculum – Enjoy Life	2
	MCAS	3,4
	Lesson – Diversity	4
MAY		
	Develop Class Lists	2,3,4
	BESS Review comparison	2,3,4
	Energy Bus curriculum - Review	2
	MCAS	3, 4
	Transition Meetings	4
JUN		
	Senior Walk Through	2,3,4
	Transition Trip to GMS	4

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*\*All events are subject to change*