



Montachusett
HOME CARE CORP.

MONTACHUSETT HOME CARE

*Helping elders & disabled adults remain at home in safety, comfort and dignity.
Supporting caregivers.*

SERVICE	DESCRIPTION
IN-HOME SERVICES State Home Care; Enhanced Home Care; Choices; Respite	A variety of in-home services such as homemaking, personal care assistance, adult day programs, meals on wheels, etc, are used to help people remain safely at home. Income level determines whether the services are free, partially subsidized, or available at full cost.
CAREGIVER SUPPORT	Designed to assist caregivers throughout North Central Massachusetts. This program provides support that will make a difference in successful care at home. A Caregiver Specialist is available to provide assistance to caregivers including scholarships for respite, a support group, and printed resources.
ADULT FAMILY CARE	Matches elders and disabled adults 16 years of age and older with host families who provide a family-like environment, daily meals, and assistance with or supervision of daily personal care. Family members (except spouses) can be paid caregivers.
CONGREGATE HOUSING	A shared living, but home-like environment that offers privacy yet promotes opportunities for socialization. Residents encouraged to live as independently as possible and yet, secure in knowing that they are not alone should they need assistance from others.
GROUP ADULT FOSTER CARE	Provides daily personal care to individuals in need who reside in a housing complex. Other home care services are provided as determined necessary to reside safely in the community. The program is funded through the Division of Medical Assistance.
SUPPORTIVE HOUSING	Community alternative that provides daily care with 24-hour supervision. MHCC is the first Aging Services Access Point Agency in the state, to offer the Supportive Housing Program to our elders and disabled adults in the North Worcester County. We currently offer this program at two sites: Gardner and Fitchburg. The Supportive Housing Program provides a compassionate and economical solution for those persons who can no longer manage alone but who wish to remain in a home setting.
PERSONAL CARE ATTENDANT	Provides training and funding to employ and manage personal care services. Service received through the PCA program, are Consumer directed and intended to allow for maximum independence in the home.

OPTIONS COUNSELING	Provides information to individuals, not currently home care clients, with information and assistance regarding community options. Works with residents of nursing homes who are not on MassHealth, to assess options to return to community living and obtain necessary services, if appropriate.
MASS. ASSISTIVE TECHNOLOGY AND HOME MODIFICATION LOAN APPLICATION SITE	Designed to help Massachusetts residents with disabilities to secure technological assistance to enhance their independence and improve the quality to their lives. This program makes loans accessible to low-income borrowers and others who would not otherwise qualify for consumer loans.
PROTECTIVE SERVICES	For people 60 and over, living in the community, who find themselves at risk and in danger through the actions of their caregivers and/or family members. Abuse includes physical abuse, emotional abuse, and sexual abuse, neglect and financial exploitation and self neglect.
INFORMATION & REFERRAL	The contact point for information about or access to elder services and information. The staff maintains a database of information about community resources and can offer a wide array of information and resources to serve the aging and care giving population.
VOLUNTEER/ ESCORT/COMPANION PROGRAM	Volunteers provide companion services to relieve loneliness, shopping assistance, escort on appointments, respite for caregivers, S.H.I.N.E (Serving Health Information Needs of Elders) counseling and telephone reassurance.
MONEY MANAGEMENT	Designed to help protect elders who may be at risk of losing their independence due to their inability to pay basic rent, food and utility bills. Trained, insured volunteers assist with establishing a budget, organizing mail, writing checks, and balancing the checkbook.
LONG TERM CARE OMBUDSMAN	Investigates and resolves the complaints of a citizen. As applied to nursing and rest homes, the Ombudsman Program visits residents in these facilities to investigate and resolve complaints by residents of their personal care, their belongings, food matters, roommate problems or other issues which impact a resident's life in the facility.
RESIDENT SERVICE COORDINATION	Available on-site at both public and private housing developments to address the needs of the resident population. Resident Service Coordinators are the frontline responders to requests for assistance and link to the appropriate resources.
Care Transition Coaching	Coach individuals 60+ who are hospitalized and meet with them within 24 hrs post discharge with the goal of reducing readmissions.